

BODY LANGUAGE DOS AND DON'TS



to Ace Your Job Interview

Whether you like it or not, body language can make or break your career. That's why expressing yourself properly in an interview can prove to be a great advantage.

DOs

Smile



Smiling conveys a pleasing attitude and a sincere interest.

Make eye contact



Maintain eye contact to engage with the interviewer.

Sit comfortably



This helps you establish confidence, which rubs off on the interviewer.

Mirror your interviewer



This strategy allows you to quickly build rapport with the interviewer.



DON'Ts

Slouch



Slouching negatively affects your posture and even your breathing.

Sound too rehearsed



Strive to sound natural. Be prepared, but avoid sounding too rehearsed.

Touch your face too much



Be conscious with your body movements. This, in particular, is a no-no.

Be self-absorbed



Making your skills stand out should be your goal, so focus on that instead.



First impressions are often important, especially in a professional setting. Don't let your body language ruin your next job interview.

Advance your career with these job interview body language tips only from the best resume writing service provider!